

Introducing....

****New** MIAMI clinics**

From 1st July 2015, if all of our 'on the day' urgent appointments are fully booked, our reception team may offer you an appointment at our new MIAMI clinic.

The **MIAMI (Minor Injury Assessment & Minor Illnesses) clinic** is a new service being launched by 19 local GP practices across Adur and Worthing.

At the MIAMI clinic you will be seen by a GP, nurse, or paramedic practitioner, who – with your consent – will have access to your medical record.

The clinics will be available weekdays from 8am to 8pm for urgent appointments, for 'one-off' health issues or problems (not for long-term condition support and management).

There will also be pre-bookable appointments for family planning, sexual health, smears and chronic disease management at the weekend from 10am to 2pm.

You will only be able to access these appointments via your practice, so please call us first.

We hope that the MIAMI clinics will help to improve access to doctors and nurses for our patients, and reduce waiting times.

****New** Children's Walk In service**

In addition to the pre-bookable clinics, we have also launched a new children's walk in service at the MIAMI clinic.

If your child (up to 18) is unwell, you can visit the MIAMI clinic at Durrington Health Centre from 4pm to 7.30pm Monday to Friday for help, advice and treatment.

Durrington Health Centre, Durrington Lane, Worthing, BN13 2RX

The MIAMI Children's Walk In service is not intended to treat long term conditions (e.g. asthma, diabetes) or serious medical conditions.

The types of conditions the clinics can see are:

- Sore throat
- Ear ache
- Vomiting
- Persistent diarrhoea
- Stings, bites or allergies,
- And sprains and strains

Your child should see their own GP for on-going problems.

The MIAMI Children's Walk In service is **not** intended to be a substitute for an A&E department.

Dial 999 or go to the nearest A&E if your child has:

- Severe shortness of breath
- Severe cuts
- Severe burns
- Head injuries with a loss of consciousness
- Severe and unusual headache
- Seizures
- Bleeding that does not stop
- A rash that does not fade
- Threat of suicide
- Drug overdose
- Poisoning
- Life-threatening injuries
- Severe allergic reactions

If you do visit the MIAMI Walk In service, the team will inform your normal GP surgery of any treatment your child has received.